



Intensive Care Unit Nurse Skills Checklist

Name: _____

Date: _____

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** (✓) in the appropriate box.

- 1 = No experience; Theory/observed only
- 2 = Intermittent experience; < 5 times per year; Needs review
- 3 = Moderate experience; > 5 times per year; May need minimal resource
- 4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
Care of Patient With:				
Acute MI				
Cardiopulmonary arrest				
Angina				
Chest trauma				
Stab wounds				
Closed chest trauma				
CHF				
Cardiogenic shock				
Cardiac Tamponade				
Pre / post open heart surgery				
Pre / post cardiac transplant				
Triple A repair				
Endarterectomy				
Post op vascular surgery				
Valve replacement				
Acute head trauma				
Subarachnoid hemorrhage				
Subdural hematoma				
Drug overdose				
Alcohol overdose				
Seizures / status epilepticus				
Degenerative neurologic disease				
airway obstruction				
TB				
Asthma				
Respiratory failure				
Chest trauma				
Pulmonary edema				
ARDS				
Pulmonary embolus				
Lung transplant				
Abdominal trauma				

Skill Level	1	2	3	4
Care of Patient With:				
Gunshot wounds				
Acute liver failure				
Subtotal gastrectomy				
Cancer				
AIDS				
Diabetes				
Burns				
Epidural anesthesia / analgesia				
IV conscious sedation				
Patient controlled analgesia				
Narcotic administration				
Cardiovascular				
Assessment				
Abnormal heart sounds/murmurs				
Auscultation (rate, rhythm)				
Blood pressure/non-invasive				
Doppler				
Pulses/circulation checks				
Interpretation of lab results				
Cardiac enzymes & isoenzymes				
Coagulation studies				
Equipment usage & procedure				
Intra aortic balloon pump				
Hemodynamic monitoring				
Cardiac index				
Cardiac output				
CVP monitoring				
Femoral artery sheath removal				
MAP				
PA/Swan-Ganz				
PCW pressure				
PVR				

Cardiovascular Cont...				
Hemodynamic monitoring				
Radial a-line				
SVO ₂				
SVR				
Monitoring				
12 lead EKG interpretation				
Arrhythmia interpretation				
Rhythm strip assessment				
Set up and run 12 lead EKG				
Pacemaker				
External				
Permanent/Temporary				
Transthoracic (epicardial)				
Assisting with:				
Arterial line insertion				
Central line insertion				
Open chest emergency				
PA catheter/Swan-Ganz insertion				
Pericardiocentesis				
Transesophageal echocardiogram				
Automatic internal cardioverter defib				
Cardioversion				
CAVH-D				
Medications				
Amiodarone (Cardarone)				
Atropine				
Bicarbonate				
Bretylium (Bretylol)				
Digoxin (Lanoxin)				
Diltiazem (Cardizem)				
Dobutamine (Dobutrex)				
Dopamine (Intropin)				
Epinephrine (Adrenalin)				
Esmolol (Brevibloc)				
Inocor (Amrinone)				
Lidocaine (Xylocaine)				
Metoprolol (Lopressor)				
Nipride (Nitroprusside)				
Nitroglycerine (Tridil)				
Procainamide (Pronestyl)				
Retepase recombinant (Retavase)				
Streptokinase				
TPA (Alteplase)				
Verapamil (Calan, Isoptin, Verelan)				
Pulmonary				
Assessment: adventitious breath sounds				
Assessment: rate and work of breathing				

Pulmonary cont...				
Interpretation of lab results - blood gas				
Equipment usage & procedure				
Air leak troubleshooting				
Mediastinal chest tube removal				
Pleural chest tube removal				
Airway management devices				
Endotracheal tube/suctioning				
Extubation				
Nasal airway/suctioning				
Oximetry				
Sputum specimen collection				
Tracheostomy/suctioning				
O ₂ therapy & med delivery systems				
Ambu bag and mask				
ET tube				
Face mask				
Nasal cannula				
Portable O ₂ tank				
Trach collar				
Establishing an airway				
Assist with intubation				
Oral airway insertion				
Identification for respiratory compl.				
Aspiration				
Laryngospasm				
Tension pneumothorax				
Use of Pleurevac drainage				
Use of Thoraclex drainage				
Use of water seal drainage				
Ventilator management				
External CPAP				
High frequency jet ventilation				
IMV				
PEEP				
Pressure support				
Weaning modes & T-Piece wean				
Medications				
Alupent (metaproterenol)				
Aminophylline (Theophylline)				
Bronkosol (Isoetharine hydrochloride)				
Corticosteroids				
Ventolin (Albuterol)				
Neurological				
Assessment:				
Cranial nerves				
Glasgow coma scale				
Level of consciousness				

Neurological Cont...				
Equipment usage & procedure				
Assist with lumbar puncture				
Halo traction/cervical tongs				
Intracranial pressure monitoring				
Nerve stimulators				
Medications				
Barbiturate induced coma				
Decadron (Dexamethasone)				
Dilantin (Phenytoin)				
Epidural administration				
Phenobarbital				
Valium (Diazepam)				
Gastrointestinal				
Assessment of abdominal/bowel sounds				
Assessment of nutritional data				
Interpretation of lab results				
Serum ammonia				
Serum amylase				
LFTs				
Equipment usage & procedure				
Administration of tube feeding				
Balloon tamponade				
Feeding pump				
Flexible feeding tube				
Gravity feeding				
Iced saline lavage				
Salem sump to suction				
Medications				
AqualMephyton (Vitamin K)				
Inderal (Propranolol)				
Management of PPN				
Placement of nasogastric tube				
Kayexelate				
Lactulose (Cephulac)				
Pitressin (Vasopressin)				
Miscellaneous				
Anaphylactic shock				
DIC				
Hypovolemic shock				
Multi-system organ failure				
Organ/tissue donation				
Septic shock				

Renal / Genitourinary				
Assessment of A-V fistula				
Assessment of A-V shunt				
Assessment of fluid status				
Interpretation of lab results				
BUN				
Creatinine				
Serum electrolytes				
Equipment usage & procedure				
Bladder irrigation				
Insertion & care of:				
Straight catheter				
Foley catheter				
3-way Foley				
Female				
Male				
Supra-pubic				
Phlebotomy / IV Therapy				
Equipment usage & procedure				
Administration of blood & products				
Cryoprecipitate				
Packed red blood cells				
Plasma/albumin				
Whole blood				
Drawing blood from central line				
Drawing venous blood				
Starting IVs				
Angiocath				
Butterfly				
Heparin lock				
Care of patient with Broviac:				
Groshong				
Hickman				
Quinton				
Endocrine / Metabolic				
Interpretation of lab results				
Blood glucose				
Thyroid studies				
Equipment usage & procedure				
Blood glucose measuring devices				
Blood glucose monitoring				
Performing finger stick				
Medication - Insulin pump				

The preceding information I have checked is **true and correct**.

Signature: _____

Date: _____