



Psychiatric Nurse Skills Checklist

Name: _____

Date: _____

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** (✓) in the appropriate box.

- 1** = No experience; Theory/observed only
2 = Intermittent experience; < 5 times per year; Needs review
3 = Moderate experience; > 5 times per year; May need minimal resource
4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
<i>Work Related Experience In:</i>				
Behavioristic Charting				
CPR				
Crisis Intervention				
Detoxication Therapy				
Discharge Planning				
Electroconvulsive Therapy				
Group Psychotherapy				
Hanging Blood and Blood Products				
Heparin Locks				
Infusion Pumps				
Insertion of a Foley Catheter				
Isolation				
Locked Ward				
Milieu Therapy				
Multi-Disciplinary Staffing				
NG Tube Feeding				
Obtaining Venous Blood Sample				
Open Ward				
Oxygen Administration				
Rapid Tranquilization				
Restraints				
Seizure Precautions				
Self-Defense Techniques				
Starting IV Therapy				
Take Downs				
<i>Care of Patient With:</i>				
Alzheimer's Disease				
Assaultive Behavior				
Bipolar Disorder				
Cardiac Disease				
Depression				
Diabetes				

Skill Level	1	2	3	4
<i>Care of Patient With cont...</i>				
Drug Addiction				
Drug Overdose				
Drug Withdrawal				
Eating Disorders				
Hallucinations				
Manic Episodes				
Multiple Personalities				
Neurological Disease				
OB				
Schizophrenia				
Seizure Disorders				
Substance Abuse				
Suicidal Tendencies				
<i>Wound Management</i>				
Assessment of:				
Burns / Pressure Sores				
Staged Decubitus Ulcers				
Stasis Ulcers				
Surgical Wound Healing				
Surgical Wounds with Drains				
Traumatic Wounds				
Equipment usage & procedure:				
Air Fluidized, Low Air Loss Beds				
Sterile Dressing Changes				
Wound Care / Irrigations				
<i>Equipment Usage & Procedure</i>				
Ventilators:				
Bear Models				
Bennett 7200				
CPAP				
Emerson				

<i>Equipment Usage & Procedure cont...</i>				
Ventilators:				
Engstrom				
Erica				
EMV				
MA-I				
MA-II				
Monihan				
Ohio 560				
PEEP				
Pressure Pre-Set				
Servo Models				
Cardiac Monitors:				
Hewlett-Packard				
Spacelab				
Siemens				
Marquette				
Mennen				
Lifecare				
Nihon-Koder				

<i>Pain Management</i>				
Assessment of:				
Epidural Anesthesia / Analgesia				
IV Conscious Sedation				
Pain Level				
Pain Tolerance				
Patient Controlled Analgesia				
<i>Age Specific Practice Criteria</i>				
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				
<i>Miscellaneous</i>				
Care of the patient with:				
Anaphylactic Shock				
DIC				
Hypovolemic Shock				
Multi-system Organ Failure				
Organ / Tissue Donation				
Septic Shock				

The preceding information I have checked is **true and correct**.

Signature: _____

Date: _____